



BASEBALL
QUEENSLAND

PATHWAY PROGRAM

ASSISTANT/ PITCHING COACH

ROLE DESCRIPTION AND AGREEMENT

Overview of Expectations and Setting Team Rules

You will be required to guide the team's preparation for optimal performance throughout the Australian Championships. In particular:

- Attend practice sessions
- Assist in Final Team selections
- Team orientation
- Develop adhere to team code of conduct and expectations
- Role model and adhere to program standards
- Set and enforce team curfews
- Maintain player and coach health and safety- Air and ground transport, team functions, dietary requirements, properly attired etc.

Baseball Queensland has a player and coach Code of Conduct that must be adhered to. It is important that your players are involved in the development of your team's non negotiables and a list of consequences for breaching the code is established and recorded.

The Head Coach with the assistance of their coaching staff will lead this discussion. Player involvement encourages them to take ownership of the code, essentially it becomes their own standard for behaviour, and they are then accountable to each other for any breach.

Penalties ranging from minor penalties – polishing cleats, doing laundry etc, to major penalties – sitting out games, not permitted in uniform for a day or sent home early at their own expense are all acceptable punishments.

Role Description

A coach in any BQ Pathway Program, at any capacity, is a very important role model for the young athletes either selected on a team and/ or program.

They are responsible for setting the culture of that program in line with ideals. As such they need to lead by example in all areas of behaviour both on and off the field, particularly in relation to fair play, respect (for the game and all those around it), and set appropriate examples for factors relating to the use of drugs, alcohol, and tobacco products.

Primary Purpose

The Assistant Coach and Pitching Coach are responsible for contributing to the successful delivery of QLD program. This includes the implementation of a comprehensive program in preparation for and coaching throughout the Australian Championships.

Pre-Championship responsibilities

- Contribute to the development of the team selection criteria and team selection process.
- Be available for and contribute to the selection of the training squad and final team.
- Implement the on-field training program in the lead-up to competition as per the direction of the BQ PPM and the Head Coach.
- Provide coaching in your specific area of expertise at the direction of the Head Coach.

- Understand, and help foster the development of key characteristics in Athletes as identified by the BQ PPM.
- Ensure team culture (rules) are consistently enforced at all times.
- Ensure practice sessions are conducted according to documented session plans, with the aim of achieving objectives set as directed by the Head Coach.
- Ensure practice sessions are safe for staff and participants.
- Ensure players are adequately prepared to participate in the tournament.
- Be available to travel with the team to competition, and do everything reasonably possible to aid in achieving the greatest performance of the team.

Operational Standards

(Defined roles and responsibilities can be determined by Head Coach)

On Tour

- Ensure everyone has checked in, cleared security and boarded safely when at the airport
- It will be your responsibility to take possession (ensure it's safe keeping) of one of the teams ground transport vehicles. Following the rental companies Terms and Conditions, you are responsible for any damages and fines incurred whilst in possession of this rental vehicle.
- Role model and adhere to BA, BQ CoD's and Team Rules along with upholding any consequences.
- If S&C Staff are unavailable you will be required to conduct and/or oversee any warm up and recovery sessions
- Keep track of and monitor player participation and pitch counts. You must be familiar and understand the tournament player participation for Pitcher's and Position Player's
- Record player performance utilising BQ Athlete Monitoring System
- Assist with the delivery of mid tournament review and expectations with each player. A typical player meeting follows a keep, stop and start doing process, their on and off field behaviour, their role within the team for the duration of the tournament to help us win a Championship.

Off Field

- Non-staff/ team members are not permitted in the team hotel rooms
- No staff is to enter a player's hotel room without the presence of another staff member
- If you wish to apply for reimbursement of team related expenses, receipts must be submitted with a completed Expense Report Form (available from BQ)
- Material of an adult nature is not permitted in players or staff rooms or on team transport
- Staff in any QLD apparel or in the presence of players must not consume tobacco products

On Field

- Coaches are to be well presented at all times- Approved apparel, clean uniform and equipment, shirt tucked in
- If you are coaching a base you will be required to be in full uniform and hustle on and off the field. Pending weather, slickers and/or hoodies can be worn and will be at the discretion of your Head Coach.
- Coaches always hustle when on field. Eg. To and from the dugout and coach's box or dugout to bullpen
- The Head Coach is the only staff member to approach the Umpires
- Ensure all players are properly prepared before competing
- All warm up, bullpens, recovery sessions are to be supervised by a staff member. Learn the routine
- Pre-game routines and preparation is to be taken at the discretion of the Head Coach. Taking into consideration of recovery methods player fatigue and stresses placed on player's arms. An abridged version maybe an option to cater for fatigued player's
- Be available to run 'Pre Game- In/ Out routine'. You must learn the routine and deliver feedback to the playing group post workout
- Throw batting practice and hit fungo during pre-game preparation

Team Dress Code

Travel and Playing

- Staff and Team members are required to wear team polo and uniform coloured pants/skirt whilst on team flights.
- Staff to set and enforce either Full uniform or walk out uniform for travel from accommodation to field. Players and Staff are NOT permitted to get changed in dugouts, on bus or any other public place. If change rooms are not provided at field, players are to wear full uniform to field.
- Players and Staff are to wear uniform appropriately. Shirts tucked in, caps worn straight.
- Uniform is to be worn in its entirety or not at all.
- Uniforms are to be laundered/cleaned daily. This includes cleats/turfs.

Meals

- Collared or agreed appropriate shirts are required to be worn at all meals
- Enclosed shoes are required to be worn to all meals
- Hats of any kind are not permitted at meals
- Clothing with offensive slogans / images are banned and are to be confiscated

Hotel

- Enclosed shoes must be worn. Thongs are not permitted unless worn to or from a pool session / recovery session
- Singlets are not permitted (boys)

All times

- Clothing bearing offensive slogan/image is not permitted and is to be confiscated by staff. Any items confiscated are to be returned at conclusion of tour.
- Hair is to be kept neat and tidy.
- During games and practice session, one necklace is permitted to be worn so long as it remains worn under the uniform. Jewellery of any other kind is not permitted.