



BASEBALL
QUEENSLAND

Baseball Queensland

Return to Training – Stage 2

Return to Competition – Stage 3

COVID Safe Plan as of 5/6/2020

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BASEBALL
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Introduction

Baseball Queensland (BQ), its members, clubs and the wider community have all been adversely affected by COVID-19. The health, wellbeing and safety of all involved in our sport is paramount, as such Baseball Queensland will continue to work closely with the relevant health authorities, both at a National and State level to ensure we successfully navigate our way through what has been the biggest challenge our sport has seen.

COVID-19 has certainly changed the world we live in and we all need to adapt to this new way of life. BQ understands the importance that sport plays in the lives of Australians, in particular baseball. We have been working with clubs and members regularly communicating the status of baseball, providing innovative new on-line opportunities for development and growth during COVID-19 and now we see ourselves mapping out the road back to activity, play and competition.

This document will provide the Department of Sport and Recreation, Queensland Health and the BQ clubs and community with a comprehensive strategy on the planned roll out of Return to Activity and Baseball is Back. All information provided is sourced from relevant National and State government departments and strictly follows the guidelines as prepared by Sport Australia in the AIS Framework for Rebooting Sport document and the Office for Sport and Recreation, Queensland Government. In an ever-changing landscape with COVID-19, the recommendations and guidelines detailed in this document will be updated regularly in line with National and State announcements.

The ultimate goal, as a result of successful implementation and delivery of this strategy is to see baseball, and all sport for that matter, resume training and games as soon as it is safe to do so. BQ is dedicated to educating and resourcing our clubs and communities to ensure we remain Coronavirus free and that improved practices with hygiene and behaviours remain in place as long as necessary.

References

- [AIS Framework for Rebooting Sport - Executive summary and Appendices](#) [PDF 780KB]
- [AIS Framework for Rebooting Sport](#) [PDF 1.8MB]
- [Figure 6, The recommended process for medical clearance of athlete/staff](#)
- [Chief Health Officer public health directives](#)
- [Road Map to easing Queensland restrictions](#)
- [Work Safe Australia – What to do if a worker has COVID-19](#)
- [Queensland Sport Industry Bodies COVID Safe Plan](#)



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PART 1: RETURN TO TRAINING (FROM 12 JUNE 2020)

1 EDUCATION FOR RETURN TO PLAY

While most training courses available are aimed at Health care workers the principles are relevant to most. It is important to educate those in the BQ Community before returning to play with tools available.

- 1.1 Committee members, volunteers, officials and coaches are to undertake mandatory training:
Australian Government Department of Health – COVID-19 Infection Control Training (<https://covid-19training.gov.au/>)
At the conclusion those trained will be able to:
- Understanding the basics about the COVID-19 virus, including how it is spread
 - Describing what you can do to protect yourself and others
 - Knowing what to do if you develop symptoms
 - Knowing what to do if the person you are caring for develops symptoms
 - Telling the difference between myths and facts of COVID-19
- Club COVID Safe Register to include COVID 19 Infection Control Training Certificate of completion for all club officials and team leaders.
- 1.2 Resources (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>)
- Display appropriate education materials within sporting environments and facilities such as:
Resources
[Department of Health Good hygiene for coronavirus](#)
Posters
 - [Simple steps to stop the spread](#)
 - [Good hygiene is in your hands](#)
 - [Keep that cough under cover](#)
 - [Keeping your distance](#)
 - [Good hygiene practices poster for businesses](#)
 - [You must stay 2 arms' length from others](#)**Videos – Share via your club website and Social media.**
 - [Help stop the spread](#)
 - [Good hygiene starts here](#)
- 1.3 Community Sport Member education
- No sharing of drink bottles and towels
 - No sharing of mats, or equipment without an appropriate cleaning protocol, in between training sessions
 - Umpires/Catcher's who have to share face masks to consider purchasing own equipment or cover padding inside face masks with cling wrap that is replaced and sanitized between uses.
 - Recommend all members download the Australian Government COVID-10 contact tracing app (COVIDSafe)

2 COVID SAFETY OFFICER

Each Club, Association or Region operating a facility or conducting activities will appoint a COVID Safety Officer who will be:

- Responsible for implementing the BQ Return to Play COVID Safety Plan
- Key resource and central point of contact for all matters COVID-19
- Responsible for liaising with the committee, the public and BQ in relation to the organisation's response to COVID-19
- Responsible for maintaining attendance records and their secure storage in [compliance with privacy principles](#).

3 GUIDELINES FOR ATTENDING TRAINING

- 3.1 Before you attend a training session consider the following.
You must stay at home if you:
- Have been in contact with someone with COVID-19 in the last 14 days
 - Have been overseas or exposed to someone with COVID-19 in the last 14 days

- c. Have flu-like symptoms
- d. Or are in a high-risk health category

3.2 Attending BQ activities

- a. Only people integral to training should attend BQ activities such as players, participants, coaches, operational personnel and one parent/ caregiver per participant.
- b. Only one parent/ guardian should accompany juniors where possible
- c. Arrive and leave as close as possible to when you need to be there
- d. Arrive dressed ready to train and/ or compete
- e. Minimise use of bathrooms and communal areas – change rooms are not to be made available.
- f. Shower at home instead of at training venues – change rooms are not to be made available.

3.3 Social distancing

- a. Do not shake hands before or after activities
- b. Do not high-5 or celebrate post goal, try or point
- c. No team huddles before or post activities
- d. Keep 1.5 meters away from other people while watching or attending a venue while not participating

3.4 Behaviour

To protect against infection, you should:

- a. Wash/ sterilize your hands before and after you participate and avoid touching your face while playing
- b. Not share water bottles and bring your own full bottle
- c. Wash your hands frequently with soap and water or hand-sanitizer when available, before and after eating, after going to the toilet, sneezing and coughing
- d. Cover your coughs and sneezes and dispose of any used tissue immediately
- e. Avoid touching your face
- f. Keep your distance from people who are obviously sick
- g. Be aware of what surfaces you touch and ensure surfaces such as gate latches, bats, toilets are cleaned between activities

3.5 Organising Activities

- a. Promote prevention techniques and lead by example
- b. Where possible have set breaks between activities and regularly clean surfaces such as gate latches, bats and toilets.
- c. Implement ways to minimize contact for both participants, volunteers, officials, spectators and staff
- d. Postpone any social gatherings
- e. Keep your team and your participants informed of the actions you are taking
- f. Keep records of who attends your activities and facility – including delivery workers.
- g. Payments to be made online or via EFTPOS – avoid handling cash

3.6 Equipment

There is no specific evidence that balls can spread COVID-19. It is known that on hard surfaces contamination by respiratory droplets from an infected person can potentially survive up to three days. Therefore, you should:

- a. Ensure regular cleaning of the area
- b. Make sure participants clean their hands at regular intervals
- c. Clean all equipment used.
- d. Minimize the number of people that touch things like marker cones etc.

3.7 Environment

Providing a clean environment is essential.

- a. Provide soap, hand-sanitiser or wipes at all high traffic areas and entry/ exit points
- b. Clean all surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets at least twice a day wearing disposable gloves – consider cleaning directions and ventilation requirements.
- c. Clean any surfaces which may have blood, body fluids and/ or secretions or excretions on them
- d. Regularly remind and encourage everyone of the need to wash hands



- e. Display signage about handwashing and hygiene techniques at strategic points like all sinks, eating areas, grandstands, changerooms and on the side of courts/ fields
- f. Where the facility is zoned for multiple groups, those groups must NOT interact with other groups in other zones.

4 TRAINING DAY PROCEDURE

The follow will be implemented at all sites.

4.1 COVID Safe App

- a. All personnel in attendance at a baseball activity are encouraged to download and actively use the Australian Government "COVID Safe App"

4.2 COVID Safety Officer

- a. All Clubs and Regions conducting activities must appoint a COVID Safe Officer
- b. COVID Safe Officer is responsible for implementing the BQ Return to Play COVID Safety Plan
- c. COVID Safe Officer is the key resource and central point of contact for all matters COVID-19
- d. COVID Safe Officer is responsible for liaising with the club committee and BQ in relation to the organisation's response to COVID-19

4.3 Management of unwell participant or attendee

- a. Creation of an ISOLATION SPACE
 - I. Clear and unambiguous signage
 - II. Physical separation and barriers
 - III. Appropriate PPE for staff
- b. Participant or attendee who becomes unwell must be:
 - I. Immediately isolated
 - II. Given a facemask to wear
 - III. Aided in leaving the facility in a safe manner as soon as possible
- c. Safe work Australia guidelines followed

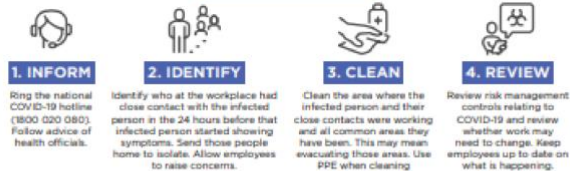


Suspected or confirmed case of COVID-19 at work

If the suspected or confirmed case of COVID-19 is at work



If the suspected or confirmed case of COVID-19 is not at work when diagnosed



Remember:

- > From a WHS perspective, there is not an automatic requirement to close down an entire workplace, particularly if the person infected, or suspected to be infected, has only visited parts of the workplace.
- > Workers assisting the person who has suspected or confirmed with COVID-19 should be provided with appropriate PPE, if available, such as gloves and a mask. They should also follow hand hygiene procedures.
- > Consider whether you have to notify your [WHS regulator](#) - see our [Incident Notification fact sheet](#).
- > Be aware of privacy obligations.
- > Follow the advice of health officials at all times.



4.4 Facilities

- Appropriate signage will be displayed around each venue, including:
 - Approved activity in progress – NO SPECTATORS
 - CLOSED areas
 - RESTRICTED ACCESS areas
 - ENTRY, EXIT and DIRECTIONAL FLOW
 - SOCIAL DISTANCING in shared zones
 - Statement of Compliance with Industry COVID Safe Plan
- Restricted access to limit anyone who has:
 - COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days
 - Been tested for COVID-19 and awaiting results
 - Flu-like symptoms
 - High health risk (eg. Age or pre-existing health condition)
 - Travelled internationally in the previous 14 days.
- Identified separate designated entry and exit points for all fields.
- Hand sanitizer located at all entry, exit and high traffic points around each fields eg entrance to dugouts – dugouts to remain closed for Stage 2.
- Shower facilities closed
- “Club houses” and function rooms to be closed
- Designated zones for practice sessions
 - Separated by fencing, markers, lines etc.
 - No co-mingling of groups
 - Limit of unnecessary physical objects that pose transmission risk in each zone eg. Chairs, benches



4.5 Cleaning/ Hygiene standards to include:

- I. Ensure spaces at each facility are regularly cleaned with disinfectant in accordance with the manufacturer's instructions – consider cleaning agent ventilation requirements.
- II. Surfaces frequently wiped down with appropriate disinfectant wipes or soap, including door handles, light switches, kitchen surfaces, bathroom surface, phones, remote controls, benches, gates, scoreboard control panels and any other high touch areas;
- III. Prior to arrival of next group and between specific groups cleaning to field/ toilets/ facilities/common areas:
 - Entry/ exit gates, latches
 - Team benches
 - Score benches
 - Practice and Safety equipment
- IV. Adequately clean and disinfect participant facilities before use (prior to participant arrival).

4.6 Spectators

- a. Participants are to be dropped off/ picked up for training with driver to remain in their cars (no spectating)
- b. All spectators will be required to be identified and details recorded if they attend an operational facility – COVID Safe Officer to maintain record.
- c. Designated spectator areas will be signed at all venues with social distancing of 1.5m being adhered too
- d. Club officials will be limited as needed only

4.7 Personal Protective Equipment (PPE)

- a. Provide hand sanitizer, tissues, cleaners and disinfectant to all activity staff
- b. At each field/ court/ venue have Personal Protective Equipment (PPE) supplies for use if an attendee becomes unwell
- c. Ensure your COVID Safe Officer is aware of where this equipment is stored.

4.8 Catering and Food

- a. Canteens will be closed
- b. No external vendors (eg. Coffee Vans) will be permitted
- c. No catering will be provided on site

4.9 Uniforms/apparel

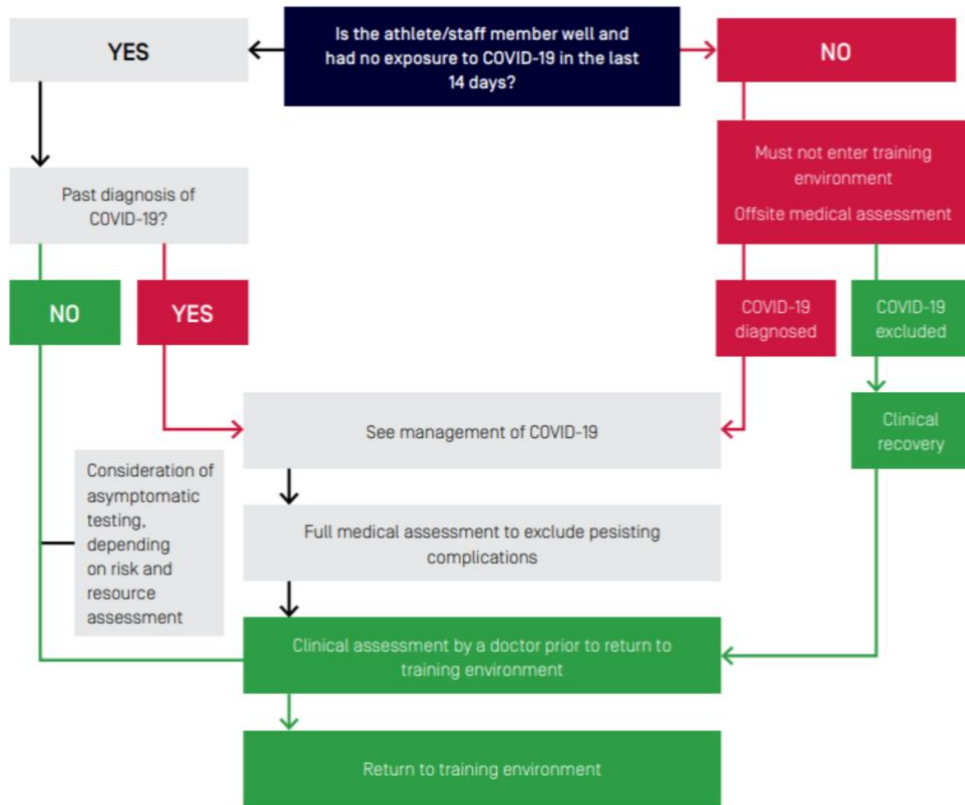
- a. Participants are to arrive dressed, ready to train



5 POST COVID-19 OUTBREAK

5.1 Follow the process for an individual athlete/ staff member

Figure 6. The recommended process for medical clearance of athletes/staff



a.

5.2 Cooperate with Queensland Health and BQ to facilitate a re-assessment of existing COVID SAFE Plan for approval to resume activities



PART 2: RETURN TO COMPETITION (FROM JULY 10 2020)

6 GAME DAY PROCEDURE

The follow will be implemented at all sites.

6.1 COVID Safe App

- a. All personnel in attendance at a baseball activity are encouraged to download and actively use the Australian Government "COVID Safe App"

6.2 COVID Safety Officer

- a. All Clubs and Regions conducting activities must appoint a COVID Safe Officer
- b. COVID Safe Officer is responsible for implementing the BQ Return to Play COVID Safety Plan
- c. COVID Safe Officer is the key resource and central point of contact for all matters COVID-19
- d. COVID Safe Officer is responsible for liaising with the school and the GPS in relation to the Schools response to COVID-19

6.3 Management of unwell participant or attendee

- a. Creation of an ISOLATION SPACE
 - I. Clear and unambiguous signage
 - II. Physical separation and barriers
 - III. Appropriate PPE for staff/care providers
- b. Participant or attendee who become unwell must be:
 - I. Immediately isolated
 - II. Given a facemask to wear
 - III. Aided in leaving the facility in a safe manner as soon as possible
- c. Safe work Australia guidelines followed

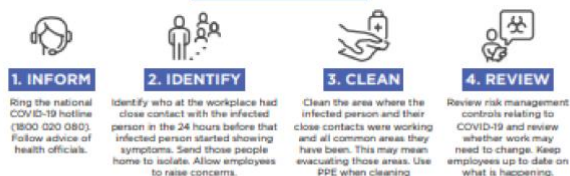


Suspected or confirmed case of COVID-19 at work

If the suspected or confirmed case of COVID-19 is at work



If the suspected or confirmed case of COVID-19 is not at work when diagnosed



Remember:

- > From a WHS perspective, there is not an automatic requirement to close down an entire workplace, particularly if the person infected, or suspected to be infected, has only visited parts of the workplace.
- > Workers assisting the person who has suspected or confirmed with COVID-19 should be provided with appropriate PPE, if available, such as gloves and a mask. They should also follow hand hygiene procedures.
- > Consider whether you have to notify your [WHS regulator](#) - see our [Incident Notification fact sheet](#).
- > Be aware of privacy obligations.
- > Follow the advice of health officials at all times.



6.4 Fixture Cancellation

- Cancellation will relate to a confirmed COVID-19 Diagnosis and the associated contact tracing
- Cancellation will be the responsibility of the league administering the competition and the club COVID Safety Officer in conjunction with the BQ Chief Executive Officer
- Cancellation will be communicated through the relevant league contacts and the BQ website and social media platforms.

6.5 Facilities

- Appropriate signage will be displayed around each venue, including:
 - Approved activity in progress – NO SPECTATORS
 - CLOSED areas
 - RESTRICTED ACCESS areas
 - ENTRY, EXIT and DIRECTIONAL FLOW
 - SOCIAL DISTANCING in shared zones
 - Statement of Compliance with Industry COVID Safe Plan
- Restricted access to limit anyone who has:
 - COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days
 - Been tested for COVID-19 and awaiting results
 - Flu-like symptoms
 - High health risk (eg. Age or pre-existing health condition)
 - Travelled internationally in the previous 14 days.
- Identified separate designated entry and exit points for all fields.
- Hand sanitizer located at all entry, exit and high traffic points around each field.
- Shower facilities closed



- f. "Club houses" and function rooms to be closed
- g. Designated "warm-up" areas for teams
 - I. Separated by fencing, markers, lines etc.
 - II. No co-mingling of groups
 - III. Roped off or limit of physical objects eg. Chairs, benches

6.6 Game day fixtures

- a. Game day schedules will include a 15minute break between all fixtures
 - I. Allows for hygiene procedures
 - II. Allows separation of teams between fixtures
 - III. 5-5-5 Exit-clean-entry

6.7 Game play measures for participants and officials include:

- I. Avoid sharing of competition equipment. Each player should have their own bat, helmet, gloves etc.
- II. No bat boys/girls permitted
- III. No chewing tobacco, seeds, gum or spitting at any time.
- IV. Players (in particular pitchers) shall not lick their fingers.
- V. Umpires are permitted to wear gloves and PPE masks at their discretion
- VI. Home Plate Umpires are permitted to Umpire from behind the mound to aid social distancing or to offset lack of sterile (Catcher/Umpire) facemasks.
- VII. Avoid line-up exchange plate meeting or consider social distancing.
- VIII. Avoid physical contact wherever possible – avoid handshakes, high fives, fist bumps and hugs.
- IX. Ball preparation (mud rubbing) to be conducted by one appointed person wearing PPE gloves.
- X. Each team to supply four (4) game balls per game. Umpire to utilize home team's baseballs while the home team plays defense and swap these out for the away teams baseballs when away team on defense.
- XI. Coaches to remain at least 1.5 m away from Umpires when addressing Umpires.
- XII. All Umpires are to avoid physical contact with participants. Eg Homeplate Umpire to avoid contact with catchers.
- XIII. 1.5 metre physical distancing to be observed in dugouts. Where inadequate space exists to facilitate this additional shade provisions must be provided to permit participants to maintain social distancing practices while consideration is given to protection from foul tips.

6.8 Cleaning/ Hygiene standards to include:

- I. Ensure spaces at each facility are regularly cleaned with disinfectant in accordance with the manufacturer's instructions - consider cleaning agent ventilation requirements.
- II. Surfaces frequently wiped down with appropriate disinfectant wipes or soap, including door handles, light switches, kitchen surfaces, bathroom surface, phones, remote controls, benches, gates, scoreboard control panels and any other high touch areas;
- III. Prior to arrival of next teams/ between fixture specific cleaning to field and surrounds:
 - Entry/ exit gates and latches
 - Team benches
 - Score benches
 - Match and Safety equipment – consider cling wrap to cover hard to clean surfaces like face mask padding.
- IV. Adequately clean and disinfect participant facilities before use (prior to participant arrival).

6.9 Spectators

- a. Where possible participants are to be dropped off/ picked up for training and games with one spectator permitted per participant.
- b. For competitions parent spectators will be limited to one per participant.
- c. Parent/spectators will be required to be identified while at BQ events – COVID Safe Officer to record details on club register.
- d. Designated spectator areas will be signed at all venues with social distancing of 1.5m being adhered too



- e. Club officials will be limited as needed bases only
- f. Multiple spectator areas for each team and fixture
 - I. Home and away spectator areas
 - II. Four (4) areas per field for spectating
 - Current game home and away
 - Next game's participants and spectators, home and away

6.10 Personal Protective Equipment (PPE)

- a. Provide hand sanitizer, tissues, cleaners and disinfectant to all activity staff
- b. At each field/ venue have Personal Protective Equipment (PPE) supplies for use if an attendee becomes unwell
- c. Ensure your COVID Safe Officer is aware of where this equipment is stored.

6.11 Catering and Food

- a. Canteens will be closed
- b. No external vendors (eg. Coffee Vans) will be permitted
- c. No catering will be provided for host or visiting schools
- d. To qualify to open your canteen in Stage 3:

Organisations that previously provided food and beverage services must complete a COVID-19 Checklist for dining at restaurant, cafes, pubs, clubs, RSL clubs and hotels. All canteen personnel must COVID Infection Control Training AND [COVID Safe Training for Dining In](#)

Additionally, physical distancing protocols including line markings, bollards, use of zones use and physical distancing indicators shall be used in:

- Club rooms, offices, meeting, official/medical rooms, halls, sheds
- change rooms,
- bar/canteen
- Consider how you will manage cashless transactions to limit contact
- Consider sneeze guards at interface points between canteen staff and patrons.

6.12 Participant and Officials uniforms

- a. Participants and officials are to arrive ready to play/officiate.

6.13 Post-game functions

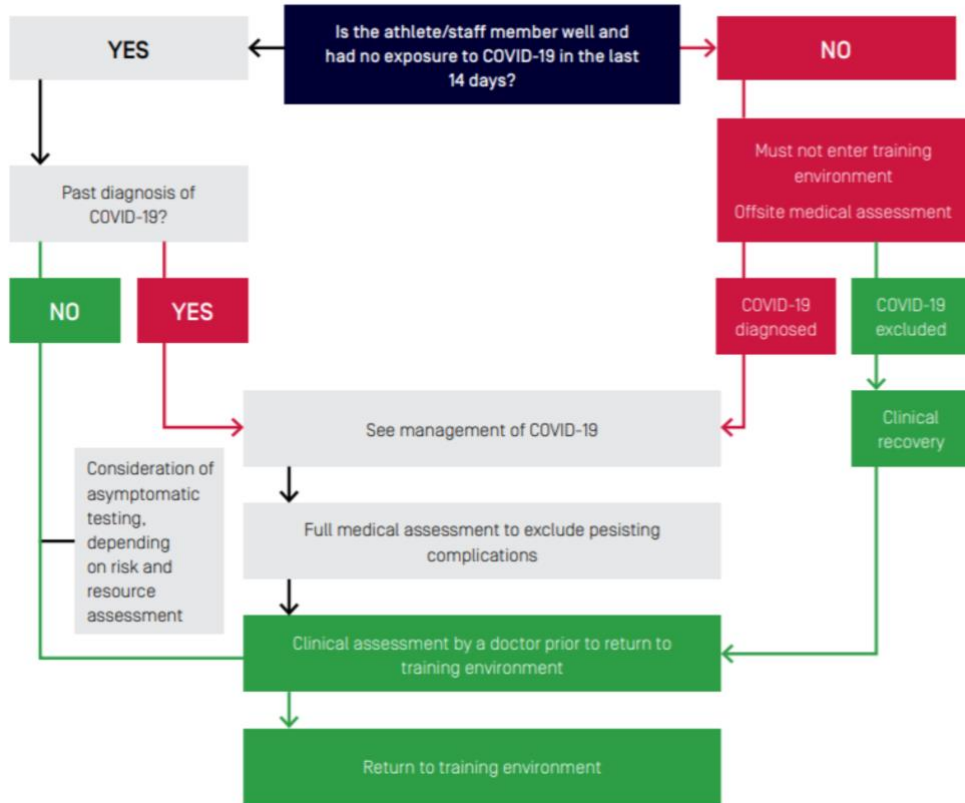
- a. No post-game functions will occur

7 POST COVID-19 OUTBREAK

7.1 Follow the process for an individual athlete/ staff member / official



Figure 6. The recommended process for medical clearance of athletes/staff



a.

- 7.2 Cooperate with Queensland Health and BQ to facilitate a re-assessment of existing COVID SAFE Plan for approval to resume activities

PART 3: GOVERNMENT RECOMMENDATIONS

8 AIS FRAMEWORK LEVEL A,B,C GENERAL DESCRIPTION

The below is an extract of the AIS Framework for Rebooting Sport – Summary Appendix A. It will be the baseline followed by GPS Sport and Activities for return to train and play for 2020.

Sport	Level A	Level B	Level C
General description	<p>Activity that can be conducted by a solo athlete or by pairs where at least 1.5m can always be maintained between participants. No contact between athletes and/or other personnel. Examples for all sports — general fitness aerobic and anaerobic (e.g. running, cycling sprints, hills).</p> <p>Strength and sport-specific training permitted if no equipment required, or have access to own equipment (e.g. ergometer, weights).</p> <p>Online coaching and resources (e.g. videos, play books).</p>	<p>As per Level A plus:</p> <p>Indoor/outdoor activity that can be conducted in small groups (not more than 10 athletes and/or other personnel in total) and with adequate spacing (not more than 1 person per 4m²).</p> <p>Some sharing of sporting equipment permitted such as kicking a football, hitting a tennis ball, use of a skipping rope, weights, mats.</p> <p>Non-contact skills training. Accidental contact may occur but no deliberate body contact drills.</p> <p>No wrestling, holding, tackling or binding.</p> <p>Commercial gyms, bootcamps, yoga, Pilates, dance classes (e.g. barre, ballet, hip hop, not partnered), cycling ‘spin’ classes permitted if other measures (above) are met.</p>	<p>As per Level B plus:</p> <p>Full sporting activity that can be conducted in groups of any size including full contact (competition, tournaments, matches).</p> <p>Wrestling, holding, tackling and/or binding (e.g. rugby scrums) permitted.</p> <p>For larger team sports, consider maintaining some small group separation at training.</p> <p>For some athletes full training will be restricted by commercial operation of facilities.</p>

<p>General hygiene measures</p>	<p>No sharing of exercise equipment or communal facilities.</p> <p>Apply personal hygiene measures even when training away from group facilities — hand hygiene regularly during training (hand sanitisers) plus strictly pre and post training. Do not share drink bottles or towels. Do not attend training if unwell (contact doctor).</p> <p>Spitting and clearing of nasal/respiratory secretions on ovals or other sport settings must be strongly discouraged.</p>	<p>Communal facilities can be used after a sport-specific structured risk assessment and mitigation process is undertaken.</p> <p>‘Get in, train and get out’ — be prepared for training prior to arrival at venue (minimise need to use/gather in changerooms, bathrooms).</p> <p>Minimise use of communal facilities (e.g. gym, court) with limited numbers (not more than 10 athletes/staff in total). Have cleaning protocols in place for equipment and facilities.</p> <p>Hand hygiene (hand sanitisers) on entry and exit to venues, as well as pre, post and during training. Thorough full body shower with soap before and after training (preferably at home). Where possible maintain distance of at least 1.5m while training.</p> <p>No socialising or group meals.</p>	<p>Return to full use of sporting facilities. Continue hygiene and cleaning measures as per Level B.</p> <p>If any massage beds being used, hygiene practices to include no bed linen except single use towels, cleaning treatment beds and key surfaces after each athlete and hand hygiene.</p> <p>Limit unnecessary social gatherings.</p>
<p>Spectators, additional personal</p>	<p>No spectators unless required (e.g. parent or carer).</p>	<p>Separate spectators from athletes. Spectators should maintain social distancing of at least 1.5m.</p>	<p>Minimum contact of non-essential surfaces to occur and hands on treatment should be kept to essential only.</p> <p>Non-essential personnel should be discouraged from entering change rooms.</p>

9 AIS FRAMEWORK LEVEL A,B,C SPORT SPECIFIC GUIDELINE

The below is an extract of the AIS Framework for Rebooting Sport – Summary Appendix A. It will be the baseline followed by GPS Sport and Activities for return to train and play for 2020.

Sport	Level A	Level B	Level C
Baseball	Running/aerobic training (solo), resistance training (solo), skills training (solo)	Full training with small numbers (not more than 10 athletes/staff in total).	Full Training and Competition

10 QLD STATE SPORTING ORGANISATIONS INDUCTY COVID SAFE PLAN

The below is an extract of the QLD Sport Industry COVID Safe Plan submitted to the Chief Health Officer allowing exception on number of people in a gathering at stage two (2) and three (3) of the Roadmap to easing Queensland restrictions.

SECTION 1 – SPORT OPERATIONS

Area	STAGE TWO (1 June)	STAGE THREE (10 July - TBA)
Education and Training	<p>Organisations will provide training and education to all participants, volunteers, families and staff:</p> <ul style="list-style-type: none"> • Provide training on COVID-19 infection control to staff and volunteers responsible for the conduct of training, event operations or any other relevant activity. • Make all participants aware of appropriate hygiene measures and that they should not attend if unwell. • Government resources should be prominently displayed around grounds and facilities and at entry points, including handwashing and personal infection control advice. • Provide briefings and/or educational materials to outline protocols under Stage 2 in advance of return to sport for participants, including the obligations on and expectations of such participants. 	<p>Organisations will provide training and education to all participants, volunteers, families and staff:</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2.
Training & Competition Processes	<p>Organisation to detail specifics of training processes.</p> <ul style="list-style-type: none"> • Non-contact activity permitted for up to 20 people in a group. • Organisation to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. • Adjust length and scheduling of training sessions to eliminate overlap between participants by having a minimum of 15 minutes between training sessions. This will also allow time to clean an area before the next group enters. • Clearly outline nature of training permitted e.g. <ul style="list-style-type: none"> Non-contact training the groups of 20 can take place including <ul style="list-style-type: none"> – Passing, kicking, catching drills – Receiving and distribution skills in line with the 1.5m social distancing. – Goal shooting and goalkeeping skills – Passing, shooting, headers – Defending with 1.5m distance 	<p>Organisation to detail specifics of training/competition processes.</p> <ul style="list-style-type: none"> • Standard activity permitted to occur for up to 100 people. • Contact and non-contact activity permitted on field • Organisation to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. • Clearly outline nature of training permitted. • Limited access to treatment from support staff. • Sanitising requirements continue from Stage 2. • Treatment of shared equipment continues from Stage 2. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training/playing attendance register kept • Consider modifications to playing conditions or activity rules to support physical distancing where possible.

	<ul style="list-style-type: none"> – No contested drills, tackling, grappling, wrestling, body on body drills, no rucks, scrums or lineouts. – Training drills must be designed with social distancing measures in place – There must be a minimum distance of 1.5m between participants at all time – No standing around close to other participants during or in between drills (e.g. when waiting in line/at a cone) <ul style="list-style-type: none"> • Sanitising requirements in place, including use of sanitising stations. • Sharing of some equipment is permitted (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. • No sharing of clothing. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or clearing of nasal passage). • Guidance for travel arrangements to training is provided (e.g. physical distancing on public transport, limit carpool/taxi/Uber use). • Training attendance register kept <p>Please refer to Appendix 2: Contract Tracing Requirements and Examples.</p>	
<p>Physical distancing</p>	<p>Organisations to develop and implement physical distancing requirements during training activities including:</p> <ul style="list-style-type: none"> • Maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) • On-field protocols and training drills to maintain a distance of at least 1.5 metres • Avoid participant interactions including team huddles, handshakes and high fives • Specific restrictions on contact training drills during Stage 2, as mentioned above. • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Limit unnecessary social gatherings (particularly adults) • Guidance for travel arrangements (e.g. physical distancing on public transport, limit carpool/taxi/Uber use). • If space at a venue permits a parent/guardian zone can be established. The zone must have enough room for 20 people to have 4m² and people in the zone must stay 1.5m distance from each other. <p>Please refer to Appendix 3 on movement of people and social distancing.</p>	<p>Organisations to develop and implement physical distancing requirements during training and competition activities including:</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2. • Maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) where practical • On-field training and competition protocols to maintain a distance of at least 1.5 metres where practical • Avoid participant interactions including team huddles, handshakes and high fives • Specific restrictions on contact training drills and competition may be required • Defined areas for each group during training/competition, e.g. benches, sideline, marshalling, • Maintain a base density requirement of 4 square metres per person and physical distancing (>1.5 metres) where practical • Limit unnecessary social gatherings (particularly adults) • Guidance for travel arrangements (e.g. physical distancing on public transport, limit carpool/taxi/Uber use).

<p>Personal health</p>	<p>Organisation to detail specifics of personal health protocols.</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Shower at home before and after training • No clearing nose • No spitting • Cough into the elbow • Launder own training uniform and wash personal equipment • No sharing of personal equipment • Mouthguards are not to be removed during training or play and must be sealed away when not in use • Disinfect mouthguards after each session • No physical greetings (i.e. hand shaking, high fives etc.). • Avoid touching of eyes, nose or mouth • Do not permit personal equipment on surfaces. Personal equipment bags should be arranged to permit physical distancing of participants (>1.5 metres). • Only coaches should contact/move group equipment such as balls, training aids (cones, markers, agility ladders etc) • Shared participant equipment (particularly balls, training cones) should be rotated, washed or wiped with antibacterial wipes or alcohol-based sanitiser prior to and after each use and at each activity break. 	<p>Organisation to detail specifics of personal health protocols.</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2
<p>Hygiene</p>	<p>Organisation to detail specifics of hygiene protocols to support training.</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association/club that will be adopted by organisation. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations. • Provide hand sanitiser dispensers in prominent places around facilities (particularly entry or high use areas such as a registration desk, change rooms, toilets or canteen) and ensure dispensers are regularly refilled. • Promote good hygiene practices in line with Government advice including: 	<p>Organisation to detail specifics of hygiene protocols to support training/competition.</p> <ul style="list-style-type: none"> • Hygiene and cleaning measures to continue from Stage 2

	<ul style="list-style-type: none"> - Cleaning standards: <ul style="list-style-type: none"> (a) Ensure spaces at each facility are regularly cleaned with disinfectant in accordance with the manufacturer’s instructions; (b) Surfaces should be frequently wiped down with appropriate disinfectant wipes or soap, particularly those frequently touched. This includes door handles, light switches, kitchen surfaces, bathroom surface, phones, remote controls, dugout benches, gates, scoreboard control panels and any other high touch areas; and (c) Adequately clean and disinfect participant facilities before use (prior to participant arrival). • Strongly encourage payments online or via pay wave technology. If cash is taken ensure employees/volunteers observe good personal hygiene practices and wash their hands regularly. 	
Communications	<p>Provide a detailed communications plan to communicate with players, coaches, members, volunteers, families and staff.</p> <ul style="list-style-type: none"> • Provide clear and coordinated guidance to participants and stakeholders across a range of communication channels on how a return to sport will be managed at each level of restriction; • Brief players, coaches and volunteers on return to training protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • Promote good personal hygiene practices in and around training sessions and in Organisation facilities (e.g. posters in bathrooms). • Establish relationships with key community partners and stakeholders including State public health authorities and government funding partners through your organisation’s COVID-19 Safety Coordinator. • Share timely and accurate information including how your organisation is responding to any localised outbreak. • Confirm an emergency management plan for each of your sport activities and they are suitable for managing a COVID-19 outbreak. • Identify trigger points for cancelling, postponing or modifying an activity and identify who has responsibility for making that decision. 	<p>Provide a detailed communications plan to communicate with players, coaches, members, volunteers, families and staff.</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2 • Brief players, coaches, members, volunteers and families on Stage 3 protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Promote good personal hygiene practices in and around training/competition sessions and in organisation facilities (e.g. posters in bathrooms).

	<ul style="list-style-type: none">• Identify in advance actions to be taken if your organisation needs to postpone or cancel activities. Plan alternative ways for participants to enjoy the activities by television, radio, or online.• Establish a process of how individuals can access mental health and wellbeing counselling services.	
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SECTION 2 – FACILITY OPERATIONS

Area	STAGE TWO (12 June)	STAGE THREE (10 July)
Facilities	<p>Organisations shall have a facility management plan and sport-specific structured risk assessment in place.</p> <ul style="list-style-type: none"> • Parts of facilities that are available during Stage 2 restrictions; limit to toilets and medical facilities and minimise use of communal facilities. • Hygiene and cleaning protocols. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions. • Responsibility and plan for formal organised activities within public playing fields is under the remit of the organisation using/leasing the area. Once formal activity within the terms of the lease commence the organisation must have signage that clearly indicates: <ul style="list-style-type: none"> - Approved activity in progress – NO SPECTATORS - CLOSED areas - RESTRICTED ACCESS areas - ENTRY, EXIT and DIRECTIONAL FLOW - SOCIAL DISTANCING in shared zones • While vacated public playing fields are available to the public under the restrictions directed health. 	<p>Organisations shall have a facility management plan and sport-specific structured risk assessment in place.</p> <ul style="list-style-type: none"> • Use of Organisation facilities will align with social distancing and hygiene requirements and State Government directives • Hygiene and cleaning protocols measures as per Stage 2 • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Stage 2.
Playing Spaces	<p>Outdoor fields can accommodate multiple playing spaces or zones by meeting the following requirements:</p> <ul style="list-style-type: none"> • Defined training areas for each training group of 20 must maintain a base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Each playing space must be clearly marked and minimise the risk of balls moving into another zone. • Must not create an unnecessary risk of people congregating • Management and segmentation of groups of participants through scheduling. • Implementation of strict hygiene measures at all entry and exit points, communal areas and managing equipment. • Each playing space has a different entry and exit to other playing spaces • There is at least 5 meters between playing spaces 	<p>Playing spaces may remain for training to minimise risk. Playing spaces may also remain for junior or modified games that do not require a standard competition field or court.</p>

	<ul style="list-style-type: none"> • Start and finish times at each playing space is staggered • No co-mingling of groups in playing spaces/zones • No group from one playing space can come into contact with a group of another playing space. • Equipment cannot be shared between zones. • Hand sanitizers are available at the entry and exit of each zone. • High contact points within a playing space must be cleaned before another group can access. • If space at a venue permits a parent/guardian zone can be established. The zone must have enough room for 20 people to have 4m² and people in the zone must stay 1.5m distance from each other. <p>Please refer to Appendix 4. Playing Spaces / Zones on Outdoor Fields and Courts.</p>	
<p>Facility access</p>	<p>Organisation to detail specifics of facility access protocols.</p> <ul style="list-style-type: none"> • Confirm health screening measures (e.g. temperature checks etc.) prior to entry to any facilities and any privacy measures organisation will take to protect sensitive health information. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> • COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. • Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). • Travelled internationally in the previous 14 days. • Restrictions to essential participants to attend facilities/venues to minimise numbers; <ul style="list-style-type: none"> • not more than one parent/carer to attend with child/family; • encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; • gathering numbers should not exceed 20 per group • No co-mingling of groups in playing spaces/zones. • Management and segmentation of groups of participants through scheduling. • Implementation of strict hygiene measures at all entry and exit points, communal areas and managing equipment. 	<p>Organisation to detail specifics of facility access protocols.</p> <ul style="list-style-type: none"> • Requirements continue from stage 2. • Restrict the use of communal facilities to toilets only where possible, i.e. limited or no use of showers & change rooms during Stage 3. • Physical distancing protocols including line markings, bollards, use of zones use and physical distancing indicators shall be used in: <ul style="list-style-type: none"> - Club rooms, offices, meeting, official/medical rooms, halls, sheds - change rooms, - bar/canteen • Organisations that previously provided food and beverage services must complete a COVID-19 Checklist for dining at restaurant, cafes, pubs, clubs, RSL clubs and hotels.

	<ul style="list-style-type: none"> • no other spectators should be present • Any spectators should observe physical distancing requirements (>1.5 meters) <p>Please refer to Appendix 3: Movement of people and Social Distancing.</p> <ul style="list-style-type: none"> • Develop new terms and conditions of entry and have users agree to new protocols. • Detailed attendance register to be kept <p>Please refer to Appendix 2: Contact Tracing Requirements and Examples</p> <ul style="list-style-type: none"> • Amend training schedules and times to reduce in-person contact for participants, family members and staff by: • Scheduling a minimum of 15minutes between training sessions for all attendees to safely arrive and exit the venue; and • Considering staggered arrival and/or departure times for different groups/teams of a minimum of 5 minutes. • Manage venue entries and exits (and separate where possible) to ensure a seamless flow of participants and attendees through the venue and limit the risk of overlap and congestion. • Restrict the use of communal facilities to toilets only during Stage 2. • Close other communal areas such as dugouts and grandstands. • Physical distancing protocols including line markings, bollards, use of zones use and physical distancing indicators shall be used. • Canteens and coffee facilities should remain closed to reduce the risk of gatherings or encouraging people to stay. • General advice on physical distancing in organisation facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. 	
<p>Hygiene</p>	<p>Organisation to detail specifics of hygiene protocols to ensure regular sanitisation and cleaning of organisation facilities.</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by organisation including: <ul style="list-style-type: none"> - Availability of hand sanitiser at entry/exit points to venue and elsewhere (may be provided by facility/venue manager) - Protocols for sanitising stations, sanitising shared equipment 	<p>Organisation to detail specifics of hygiene protocols to support use of organisation facilities.</p> <ul style="list-style-type: none"> • Continue hygiene and cleaning measures as per Stage 2.

	<p>Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</p> <ul style="list-style-type: none"> – Displaying posters outlining relevant personal hygiene guidance. – Avoiding shared use of equipment. – Provide suitable rubbish bins with regular waste disposal. – Guidelines for sanitisation and cleaning of Organisation facilities. <ul style="list-style-type: none"> • Recommend that a COVID Safe Coordinator is allocated to each session to take responsibility of completing the cleaning requirements before the next group arrives. 	
<p>Management of unwell participants</p>	<p>Organisation to detail specifics of protocols to manage unwell participants at an organisation activity.</p> <ul style="list-style-type: none"> • Self-isolate at home if presenting symptoms. • Compare the symptoms of coronavirus (COVID-19), with the common cold and flu. • Anyone who is unwell or develops a fever, a cough, sore throat or shortness of breath, must contact a doctor or call 13HEALTH (13 43 25 84). • Liaise with public health authorities and facilitate the sharing of information about all symptomatic participants at an activity run by your organisation, subject to privacy law. • Notify your Peak Body and the Department Housing and Public Works (Sport and Recreation) • Contact participants (refer to attendance register) if an activity attendee subsequently becomes unwell and provide advice on what actions should be taken. If an outbreak does occur at your facility, the register will need to be provided to relevant authorities (i.e. Department of Health) in a timely fashion. • Minimum details to be collected include: <ul style="list-style-type: none"> – Date of entry – First name and surname – Phone number – Time in – Time out – Club & team/group 	<p>Organisation to detail specifics of protocols to manage unwell participants at an organisation activity.</p> <ul style="list-style-type: none"> • Measures as per Stage 2.

	<ul style="list-style-type: none"> • Communicate isolation and medical procedures for all players, members, volunteers and their families at the onset of any symptoms including organisation facilities that can be used to manage symptomatic participants. • Identify with clear and unambiguous signage, a space that can be used to isolate staff or participants who become unwell at an activity and cannot leave immediately. The isolation area should be equipped with necessary PPE supplies to facilitate hand hygiene and respiratory etiquette. • Ensure staff/volunteers understand that participants who become unwell should be immediately isolated and given a clean disposable facemask to wear. Establish procedures to help unwell staff or participants leave the event as soon as possible and added protections for activity staff in such circumstances. • Train volunteers/organisation management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Confirm notification protocols for notifying public health authorities and other attendees of symptomatic participants. 	
<p>Follow-up after COVID-19 outbreak has ended</p>	<p>Organisations will manage the follow up after a Covid-19 outbreak has ended:</p> <ul style="list-style-type: none"> • Public health officials will determine when an outbreak has ended in a community, consult with them to identify criteria for scaling back COVID-19 prevention actions with activities. Consider which protocols can remain to optimise good public and participant health. • Plan the rescheduling of cancelled activities. • Evaluate the effectiveness of the COVID-19 Safety Plan and communications plan, adjust and recirculate to stakeholders as required. • Meet with key stakeholders to review delivery of any return to sport arrangements. Gather feedback to note lessons learned and to improve organisational plans and systems. • Review critical incident management arrangements and test organisational readiness to respond to a localised outbreak of COVID-19. • Update your organisation’s business continuity plan based on learnings from the COVID-19 pandemic. 	<p>Organisations will manage the follow up after a Covid-19 outbreak has ended:</p> <ul style="list-style-type: none"> • As per Stage 2.
<p>Organisation responsibilities</p>	<p>The organisation will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per this Industry Plan. 	<p>The organisation will oversee:</p> <ul style="list-style-type: none"> • As per Stage 2

	<ul style="list-style-type: none"> • Capture of a record of attendance at all training and organisation activities and maintaining an up-to-date log of attendance. • Coordination of Stage 2 play area/training operations. • Operation of the organisation’s facilities in support of all Stage 2 training activities in accordance with this Industry Plan. • Compliance issues and the sanction of individuals for non-compliance with any law, direction or protocol. • Determine the basis of enforcing any sanctions and seek advice as required. • Determine circumstances where issues may be elevated to local or State law enforcement agencies. 	<ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per this Industry Plan. • The capture of a record of attendance at all training/competition and organisation activities and maintaining an up-to-date log of attendance. • Coordination of Stage 3 play area/training/competition operations. • Operation of the organisation’s facilities in support of all Stage 3 training/competition activities in accordance with this Industry Plan.
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APPENDIX 2: CONTRACT TRACING REQUIREMENTS AND EXAMPLES.

Contact tracing is a way of slowing the spread of infections by identifying people who have been in contact with an infected person. Field Team Sports will adopt the below, as well any other recommendations from State and Federal Governments:

Requirement → All players, officials, staff and visitors to a venue or training session are encouraged to subscribe to the Government's COVID-19 tracing app.

Requirement → Records of attendance at training and competitions to be maintained and securely stored for 56 days.

Requirement → Records of attendance of spectators at training and competitions to be maintained if individuals do not have COVID Safe tracing app.

Registers must include:

- Date of entry
- First name and surname
- Phone number
- Time in
- Time out
- Club & team
-

Registers can be implemented by:

- Using the template provided, have the coach or a Covid Safe Coordinator for that session write down the details of all in attendance. Take a photo of the form and send to the venue after the session.
- Use the template provided as above but the user keeps the phone copy and they leave the form in a designated area for the venue
- If bookings can be taken online have the booker put in all the details of the group attending. This list gets emailed back to the user group as an online form to tick off attendance and then email back after the session.
- Use TeamApp to register the names of the group and then mark them off as having had attended.
- [Evacheckin.com](https://www.evacheckin.com) contactless QR Code Check in Technology for all attendees. [Visitor EVA demo site login poster.](#)
- Have parents and any non-participant to buy a free ticket once all 20 tickets are allocated in the spectator zone no more can register. Use free ticketing sites like [Event Brite](#) or use the event portal in data bases such as Revolutionize.

APPENDIX 3: MOVEMENT OF PEOPLE AND SOCIAL DISTANCING.

GPS Sports will adopt the principles below in regards to movement around venues and social distancing:

Requirement → Where possible all ingress and egress will be at different points

Requirement → Movement of people around fields and venues should be one way

Requirement → Social distance markers are clearly visible.

Requirement → No co-mingling of groups in playing spaces/zones.

Requirement → Management and segmentation of groups of participants through scheduling.

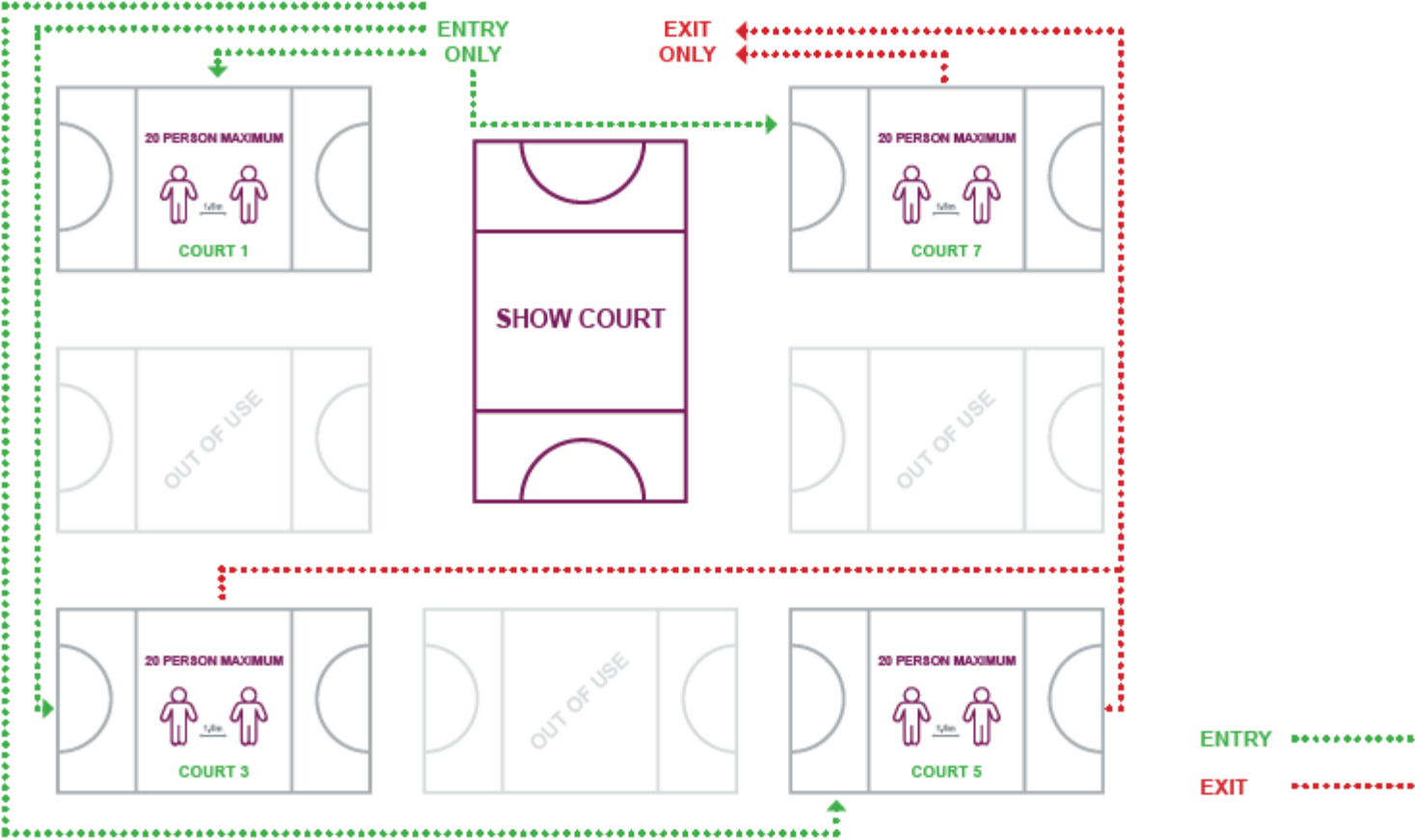
Requirement → Implementation of strict hygiene measures at all entry and exit points, communal areas and managing equipment.

EXAMPLE 1. ENTRY AND EXIT POINTS ON A FIELD:

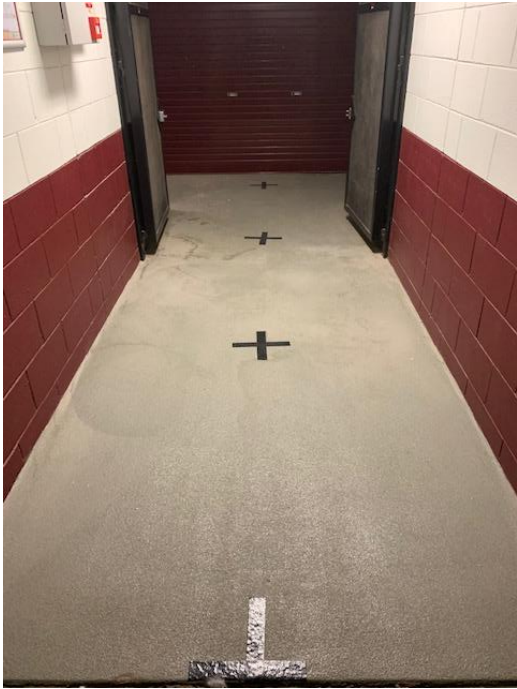
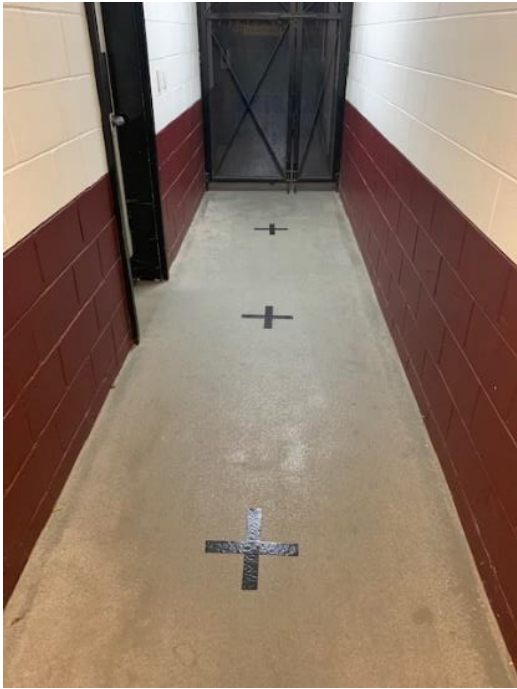
Note sanitizer at each entry and exit.



EXAMPLE 2. FLOW OF PEOPLE THROUGH A COURT SPACE:



EXAMPLE 3. SOCIAL DISTANCING MARKERS:



EXAMPLE 4. TRAINING SCHEDULE:

	Entry Gate 1 – Southern Carpark		Entry Gate 2 Northern Carpark	
Time	Field 1 Zone 1	Field 1 Zone 2	Field 2 Zone 3	Field 2 Zone 4
Booking 1	4:00pm – 4:45pm	4:10pm – 4:55pm	4:05pm – 4:50pm	4:15pm – 5:00pm
Booking 2	5:00pm – 5:45pm	5:15pm – 6:00pm	5:05pm – 5:50pm	5:15pm – 6:00pm
Booking 3	6:00pm – 6:45pm	6:15pm – 7:00pm	6:05pm – 6:50pm	6:15pm – 7:00pm
Booking 4	7:00pm – 7:45pm	7:15pm – 8:00pm	7:05pm -7:50pm	7:15pm – 8:00pm

APPENDIX 4: PLAYING SPACES / ZONES ON OUTDOOR FIELDS AND COURTS.

EXAMPLE 1. FOOTBALL (SOCCER) 1 FIELD 3 ZONES:

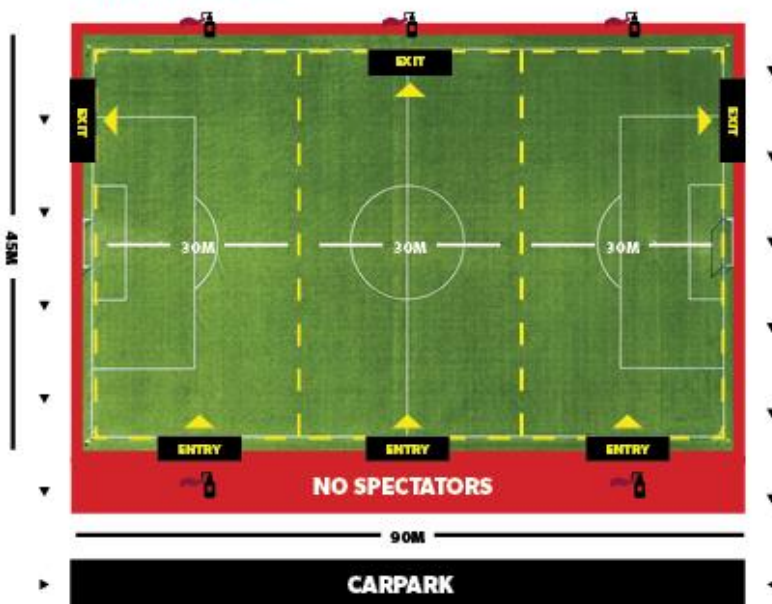
FIELD GUIDELINES

SMALL VENUE (ONE/TWO FIELDS)

FIELD OPTION ONE



FIELD OPTION TWO



RULES

1. Social distancing (1.5m) to be applied at all times
2. Come prepared to train. Change room will be closed
3. Players must not arrive more than 25 minutes before training
4. Players to bring their own drink bottle
5. Parent/carers should wait in the car to avoid gatherings
6. No person to person contact training drills
7. Minimize handling of any equipment
8. Use hand sanitiser during drinks breaks
9. Players must leave promptly in a staged approach

No more than 20 people in each area (including coach)

Fields to be split into thirds

If a ball from one training zone enters another training zone, players are directed to gently kick the ball back

Training zones must be clearly marked with markers

APPENDIX 4: PLAYING SPACES / ZONES ON OUTDOOR FIELDS AND COURTS.

EXAMPLE 2. BASEBALL – 3 ZONES



