

Baseball Australia Coaches Updating Policy

Updating is a requirement of the BA's National Coaching Accreditation Scheme (NCAS), and is necessary if the coach wishes to retain accreditation levels achieved and maintain coaching currency within the Baseball Australia.

Coaches are required to meet updating criteria or become reaccredited every four years. Otherwise, Accreditation acquired in 2010, for example, will expire in 2014, at the anniversary of their initial accreditation.

Updating responsibilities

State Associations responsible for updating coaches at all levels of the NCAS.

Accreditation responsibilities

Accreditation responsibilities in Baseball Associations	are apportioned as follows:	Level 1-3	State
		Level 4	Baseball Australia

Updating Criteria

In order to update his or her accreditation, a coach must in a four-year period:

- Complete the next level of accreditation
OR
- Complete re-assessment at the current level of accreditation
OR
- Complete the following number of hours of updating activities:
 - Level 1 – 24 hours
 - Level 2 – 48 hours
 - Level 3 – 60 hours
 - Level 4 – 120 hours

Coach's Responsibility

It is the coach's responsibility to provide evidence to the relevant body (see above) that she/he has met updating requirements. Participation in qualifying activities must be verified by an authorised person (e.g. convenor of the course, workshop or clinic, or a regional or state coaching director).

Timeframe for updating activities

Updating activities must be spread out over at least two years. They cannot be completed in the space of a single year (they would ideally be spread over 4 years). In special circumstances, the ABF or the relevant state body may negotiate on a case-by-case basis.

Updating Activities

There are three activities acceptable for the purposes of updating: practical coaching, self-education, and assisting other coaches. These are explained in more detail on the next page.

1. **Practical coaching:**

At least 50% of the required updating hours for each level must be completed through practical coaching; in many cases, you will be able to maintain your accreditation through this means alone. This can be undertaken with any level of baseball player or team and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps and clinics.

- Coaching at club, regional, state, or national level; recorded as done in your own log book, diary or compiled toward the end of the 4 year period. This must then be signed off by signed off by an authorised coaching officer within the relevant club, association and/or region.
- Coaching at club, regional, state or national level, supervised & signed off by authorised coach (state or regional coaching director or a coach with a higher level of accreditation)
- Coaching as a member of regional, state or national coaching or scouting committee
- Coaching as a member of an international coaching exchange program
- Coaching as a coaching director or development officer at club, regional, state or national level
- Coaching in regional, state or national development programs
- Coaching as a member of an international Baseball tour group

2. **Self-education:**

Up to 50% of the updating hours can be completed through completion of an approved course or seminar. Examples might be:

- Baseball specific coaching seminar
- General coaching seminar or course
- Strength & conditioning course
- Sports Trainers course
- Recognised First Aid, Advanced Resuscitation, Sports massage courses
- Sports related tertiary education e.g. Sports Coaching, Human Movements, Physical Education
- Sports Administration course (e.g. ASSA)
- Leadership / communication training programs
- Observe a coaching session of a coach of a higher accreditation level
- Become a member of a coaches' association (hours claimed must be equivalent to activities e.g. hours spent at meetings)
- Undertake a coaching scholarship
- Other activities negotiated and approved with & by your state association or the ABF

Assisting in the development of other coaches:

Again, up to 50% of the updating hours may be completed by assisting in the development of other coaches. For example:

- Lecture or present at a coaching course
- Become a mentor for another coach

- Supervise coaching practice hours of another accredited coach
- Assist in the development of coaching resources and reference materials e.g. journals, videos, CD's, course presentations
- Other activities negotiated and approved with & by your state association or the ABF

How to apply for updating

1. Make sure your log book (or other evidence) is signed off by the appropriate people across all areas of updating activities
2. Itemise your updating activities according to:
 - a. which section they apply to (e.g. Practical Coaching)
 - b. description of each activity and the number of hours claimed for it
3. Submit your evidence, together with your current contact details and the updating fee, to the appointed person in your state association (or to the ABF where required).
4. Be sure to include a signed Coaches Code of Conduct Agreement form with your updating submission. This form is available from your state association office.

It is always a good idea to provide any relevant extra background to your updating activities and attach it to your submission. Make sure your submission includes your accreditation number and level, as well as your current contact details (postal and phone).

Updating example: (Level 1)

Practical coaching	6 hours self-monitored coaching in club
Practical coaching	6 hours supervised coaching
Self-education	3 hours Baseball Seminar
Self-education	6 hours Red Cross First Aid course
Assisting other coaches	3 hours presented at Level 0 coaching course
TOTAL	24 HOURS

*Enclose signed log book etc. to verify participation or activity

Remember, all updating for Levels 1-4 is submitted to your STATE association.

Contact details for Baseball Australia

Postal: Baseball Australia
PO Box 1028
Mudgeeraba
QLD 4213

Phone: (07) 5510 6822

Fax: (07) 5510 6855

Email: peter.gahan@baseball.org.au

Website: www.baseball.com.au